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HALIBURTON COUNTY'S INDEPENDENT NEWSPAPER

The Highlander

Thursday 18 October 2012 | Issue 54

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Photo submitted by Melinda Morris

Moose Lake Ontario Rangers cleaning catchment input and output data stations for the Ministry of Environment. See story on page 20.

Volunteers help kindergartners make the grade

By Matthew Desrochers

It's the place where kids receive the foundation upon which teachers will build for the next 20 years, but for teachers who have transitioned to the full-day everyday kindergarten program, the demands of the classroom can be a little overwhelming.

The old program had a student cap of 20, which has been bumped up to 30 for the all-day program.

"I guess the idea is (since) you've got two adults in there, a teacher and an early childhood educator (ECE), you don't need to have a 20 cap and you make the classes bigger," said Mrs. Rosalie Howard, a kindergarten teacher at Archie Strouffer Elementary School.

Howard said the transition from lower ECE, where the adult to child ratio is often 2-2 or 2-3, to a classroom where 2-3 2-30, was not properly understood.

"Coming in to a class of two adults and 30 children, it's stressful for the little ones because they need a lot of attention."

Because the teacher's time is spread out among the group, not every child gets the attention they need, she said. It can also be difficult, in such a busy environment, for the teacher and ECE to execute their daily learning plans.

Parent councillors Shannon Waller and Sonya Addison, after speaking with the kindergarten teachers, decided something needed to be done to help out.

The result was a volunteer program where community members can come into the classroom, an hour at a time, and participate in activities with the children. In the meantime, the teachers and ECEs can pull small groups of students aside and work on curriculum materials.

Currently the program has two volunteers who come in irregularly once every week or two, Howard said.

"There's a lot of things we need to be doing to follow the curriculum," she said. "Because the kids really learn much better in small groups, it allows us to pull small groups of kids to do some intensive reading, writing and math skill development with them."

See "Program" on page 8

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Highlander news

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Councillors hash out fireworks bylaw

By Mark Arise

Minden Hills councillors once again tackled the explosive topic of fireworks when they got their first look at a draft noise bylaw at an Oct. 11 committee-of-the-whole meeting.

The bylaw, which was presented by bylaw officer Colin McKnight, states that "no person shall cause or permit the discharge of fireworks."

The exceptions include statutory holidays and Canada Day, Victoria Day and Labour Day. However, setting off fireworks between 10 p.m. (or dusk) and 6 a.m. on these holidays would not be permitted. Fireworks would also be banned on New Year's Day between the hours of 1 a.m. and 6 a.m.

The draft bylaw listed fines of \$150 for setting off fireworks during the restricted times.

Ward 2 Councillor Ken Redpath said that if the bylaw is going to be effective it also needs to address daytime noise.

"While the overnight noise is certainly most troubling, I think there can be other noise infractions that can occur during the day," said Redpath.

He thought that council had originally discussed restricting the setting off of fireworks to Victoria Day and Canada Day, only.

"I think that we're getting too loose with it and we're allowing it on every long weekend."

Redpath also questioned whether including fireworks in the noise bylaw would be enough. He suggested imposing restrictions on sales of the product at local businesses.

"I really think that if we're going to make this thing work we've got to do something about the sale of fireworks in the community. To me, when somebody walks into a store and sees fireworks for sale... the message it says to me is that it must be okay to set these off."

Ward 1 Councillor Brigitte Gail agreed with Redpath's comments.

"We've got a noise bylaw that doesn't necessarily specify or give parameters around what can be or is considered unnecessary noise," said Gail.

She said it would be wise to have a separate bylaw that identifies fireworks.

"We did have a conversation around this table about setting parameters for the sales of fireworks. A lot of municipalities require businesses to post the bylaw in at least two visible locations prior to the events that the municipality will allow fireworks to be set off."

Ward 3 Councillor Jean Neville said she was "totally confused" by the proposed hours.

"In the summertime it's still light at 10 [p.m.], so it seems pretty stupid to me that people would be setting off fireworks then. I think there should be a window of when people can set off fireworks after the noise bylaw restriction."

Ward 1 Councillor Lisa Schell asked how the bylaw would be enforced.

"I'm not sure how you prove that someone did something in the middle of the night when there's not someone there to catch it," said Schell.

Reeve Barb Reid said all of the concerns raised by council are worth considering.

"I support what I'm hearing around the table," said Reid. "I think the noise bylaw needs to be separate from the fireworks bylaw."

Reid added that she would like to see thought given to categories of noise for the noise bylaw.

"I don't have the answers and I don't even have the jurisdiction, but I'd like to see us research whether a certain decibel level can be introduced into the bylaw."

Once a draft bylaw is complete, Reid advised that council obtain input from representatives of the Coalition of Haliburton Property Owners Associations and businesses that sell fireworks.

CAO Nancy Wright-Laking asked if it was council's wish that the planning department conduct a full review of the noise bylaw in 2013. They indicated it was.

"I think this is the time to be working on it so we have something in place for next spring," said Deputy Reeve Cheryl Murdoch.



Photo by Ron Cook

Rail Trail surface improvements

Haliburton Roads Department has begun spreading nearly 600 tonnes of processed aggregate purchased by Haliburton ATV Association to improve the surface of the Rail Trail. Dust prevention for nearby residences was given a priority for 2012 work. Material from Fowler's Haliburton quarry was chosen to give the trail surface a unique Haliburton appearance.

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Highlander news



Photo by Warren Riley

Sheila Redpath of SIRCH receives new freezer courtesy of Bert's Appliances and General Electric. Left to right: Sheila Redpath with Steve Everson and Mike Myers of Bert's Appliances Fenelon Falls.

SIRCH receives new freezer

By Warren Riley

Helping those in time of need is what SIRCH is all about. As the community centre in Minden, SIRCH is in the process of implementing an assistance program that is desperately needed in the area.

Sheila Redpath, director for SIRCH, showed her deep appreciation upon the delivery of a new 21-cubic-foot GE freezer on Oct. 10.

Donated with the combined efforts of Bert's Appliances of Fenelon Falls and the General Electric Corporation, Redpath expressed her gratitude.

"We have been working towards this (project) since the spring of this year but we are just waiting to get other few things donated," she said. "We went to Bert's Appliances in Fenelon Falls and they kindly

offered to donate a freezer along with General Electric."

"SIRCH is a not-for-profit agency in Haliburton County," she continued. "We look after hospice, we look after families in need and we look after moms in the kitchen. We also have a community kitchen which works out of Haliburton so we are starting one in Minden. We provide frozen food or food for families in need or for anybody in our community."

The new freezer will play a critical role in SIRCH's philosophy.

"We are going to be able to teach cooking skills and food," she said. "We are also going to be partnering with a couple of other agencies such as the Minden Food Bank. It's very exciting."

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Editorial opinion

One mile at a time

Raise your hand if you look good in heels.

Ok, now put your hand down and make your way to Minden this weekend for the Walk A Mile In Her Shoes event for the YWCA Haliburton County.

This is an event put on to raise awareness, and money, to support the organization's programs and SafeSpace for women who suffer from domestic violence.

We joke around a lot about this event in the media, trying to make it interesting by playing off the 'guys in heels' theme. It's funny, right, seeing a bunch of men wearing bright red pumps? In this issue, we've got a picture of the Highlands East Fire Department proudly posing in their heels next to a fire engine. We've even had my picture in the paper wearing dastardly pointy shoes.

Yes, it's worth a chuckle. But that doesn't mean this event is a joke.

Walk a Mile is not about guys dressing like girls. In fact, the rules state the men can't wear women's clothing. Mockery won't be tolerated. These guys aren't dressing up in drag, trying to get a laugh from their buddies. They're walking in shoes that symbolize womanhood to raise awareness for an issue that all too often people choose to ignore.

It's appropriate that these shoes are going to hurt a little bit, because the issue of domestic violence is far from comfortable.

As calls to the YWCA keep increasing year after year from women who suffer

from physical abuse at home, you have to ask where we, as a community, are going wrong. Could it really be that people just don't realize this is going on in Haliburton?

It's more likely people choose not to. Violence against women is an issue here. The numbers show that. It doesn't mean every abused woman has a black eye, or a fat lip. It doesn't mean each one is battered and bruised. There are different forms of violence that show themselves in different ways.

If it takes a few men walking in heels to open eyes and ears to an issue that far too often stays behind closed doors, then so be it. It's worth a little discomfort.

But awareness is only half the battle. The other half is action.

The YWCA continues its work to support women in these situations across Haliburton County. Community members can help too. Visit the YWCA Haliburton County website, or stop in at the Walk A Mile event this weekend at the Dominion Hotel in Minden at 10 a.m. and talk to the YWCA personnel there about how you can help.

Let's put an end to violence against women, one mile at a time.



By Matthew Deschamps

Photo of the week



Photo by Karen Warren

This owl was captured on Blairhampton Road last February.

Get on the list

I swear I saw Christmas decorations being stocked this week at a local retailer, but there you go: one minute, you're basking in the glorious July sun, the next you're running outside in minus-thirty degree weather in your pyjamas to knock snow off the satellite dish with a hockey stick wrapped in a tea towel.

Yes, very soon the season will become The Season, and with that in mind we wanted to focus some of our efforts by sponsoring two very different but very valuable organizations which both enhance life in our communities.

The first is the Haliburton International Film Festival. If it's anything like last year, you can be sure of a diverse mix of outstanding movies, presented unpretentiously among friends and neighbours. No rope lines, no Hollywood endings; these are films that make you think, tell you something you didn't know, lead you to wonder about other people in far away places and how they live their lives. Intermissions and the Saturday night reception are great opportunities for film buffs to share impressions and critical reviews. You won't want to miss it.

The second project involves SIRCH Community Services, an outstanding, 100 per cent local organization dedicated to filling the gaps in community and health services. SIRCH develops and runs programs for all stages of life, from prenatal nutrition and healthcare to hospice and bereavement support. Some of the programs stay within SIRCH; others, like the Volunteer Dental Outreach established last year, are spun out when they're ready to stand on their own.

At Christmastime, SIRCH conducts a fundraising campaign called Gifts

from the Heart. The campaign symbolically connects your donation to many of the services SIRCH offers — you can buy nutritious foods for children, fuel for those who need help heating their homes over the winter, even supplies to help the elderly live more safely in their homes. Though the connection with catalogue items isn't direct — your donation will be used to fill the most pressing needs within the category you choose, not to buy individual items — the funds stay within Haliburton County and SIRCH sources as much locally as it can, completing a virtuous circle with local retailers and service providers. Your donation in honour or in memory of someone will be doing good work right here at home.

On that theme, The Highlander is having its own version of Santa's list this year to help SIRCH get the ball rolling: if you'd like someone to give you a Gift from the Heart, e-mail us with your name. We'll publish all the names we receive in the paper so that your friends and family know to include SIRCH in their Christmas shopping.

In the coming weeks, we'll be profiling some of SIRCH's people and programs — we hope you'll be inspired to support SIRCH and their important work in 2013.

Gifts from the Heart Catalogue can be found at <http://sirch.communitygiftshop.com>. Get on SIRCH's gift list by e-mailing us at putmeonthelist@haliburtonhighlander.ca.



By Brian Lebo



PHOTO OF THE WEEK

See something that is worth sharing with the community?
Snap a picture, send us the photo and see it in the paper!
E-mail photos to matthew@haliburtonhighlander.ca

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Letters to the editor

Don't be intimidated by the cottager lifestyle

Dear editor,

I would like to share my opinion on the need to marry the cottagers with the locals for the betterment of the community.

First of all, I agree full heartedly with both columns *Keep It Real*, and *Be Like Mike*. These columns describe examples of the values sought after by people everywhere and are found in abundance in our Haliburton Highlands communities.

This isn't just luck, it's because the locals appreciate and maintain caring community values, and the cottagers appreciate what the Haliburton Highlands offers, otherwise they wouldn't have purchased a cottage here. Fortunately we are a mere two and a half hours from the GTA which makes the drive from the city doable. I say to the youths of this area, don't be envious, the people from the cities seek what you already have.

Most people who work in Toronto spend at least three hours every day travelling to and from work on top of a 10 hour work day. This limits their family time. The salaries of those who can afford a cottage does allow them to qualify for loans or leasing of high-end cars. The BMW's, Cadillacs, Land Rovers etc you see are most likely being paid for using financing and are not fully-owned by the family until after the final payment has been made. They may have a very high debt ratio, and locals may actually be in a better financial state. Those who are fortunate enough to be able to have a cottage in the Haliburton Highlands spend their work weeks anticipating family time at the cottage. When they do arrive here, they are happy to be here. Happy people spend money.

Humili! Every penny spent here helps our communities. The winter season can be long when sales in our shops, grocery stores, restaurants and outdoor activities are down.

I had a young woman visit me last spring and while in The Beer Store, she purchased gifts for Christmas. Now, The Beer Store locations are plentiful in the city, but because she was happy to be in Haliburton, she was in the mood to spend money locally. I wouldn't call it 'throwing money around' as said in your article *Highlands can paddle its own canoe*, I see it as the joy of the experience just being here, makes the cottagers willing to spend money. They may have borrowed the money for their vacation here, so why not smile at them when they choose to invest in our businesses.

Seriously, what would you possibly do with a BMW? There are a huge number of very expensive pick-up trucks in the Highlands. A pick-up truck is far more suitable for the lifestyle here. Be smart, think about where you live and what makes sense for your lifestyle. Yes, because the vast majority of jobs available in the county are only paying minimum wage, it will take some time before you can purchase a fancy pick-up with all the bells and whistles. But it's a smarter purchase. If you want it, get out there and work for it. The sense of accomplishment you will have when you do achieve your goals will be well worth the hard work and the wait. In the interim, enjoy the sense of anticipation of your successes!

Lucret Mawer
Algonquin Highlands

Alternative thinking a breath of fresh air

Dear editor,

I want to extend a short note to say kudos on Brian Lebo's column on Sept. 20 that had to do with recreational cannabis use. I grew up in the Highlands and currently reside and study in BC, so I only get to read the *Highlander* a few times a year when my mother sends it out my way, but I was thrilled and surprised to see the content of the article in the issue mentioned. My work here has to do with the normalization of cannabis use for medicinal purposes, but the broader issues of drug use are never far from my mind, and so it was a real treat to read the article in my hometown paper. My conception of the Highlands remains one of moderate-strong conservatism,

but more and more I'm beginning to get a glimpse of alternative currents running strong in the area.

I hope that the feedback you received on the article has been constructive, if at all argumentative. I don't think he overstated the case, but emotions ran strong when it comes to drug use because, as Brian rightly pointed out, some people just don't like the idea, and that kind of strict adherence to ideology can mean a fierce and messy resistance to cultural shifts.

Anyways, well said and best wishes.

Justin Sharpley
British Columbia

The Outsider — Backyard horror story

As dusk turned to darkness over the forest, in a clearing smoke rose from a crackling log fire over which a cauldron was hung. The contents, bones, were already well-boiled but another good stir would make sure that all the gloop and gunk fell away from the skeleton.

The fire spit and hissed as the rancid water splashed from the pot. The skull within stared upwards, eyeless from the murky depths at the first stars of a night that would be frigid and still.

"Just the kind of evening to be boiling bones, don't ya think," said a figure sat in the twilight shade to the side of the fire. His cohort cackled, a wicked smile breaking across her lips as she plunged a forked stick into the devilish concoction and gave it another stir.

She peered into the pot and the rising steam forced a change in her witchy expression. She gagged and blurted: "Phew! This really smells bad. Good job we did it outside and not in the kitchen."

The veil of Halloween hellishness had slipped. It fell right off when a small boy wandered into the fire's orange glow clutching a bright yellow dump truck. "Mummy, I need to go pee. Can I pee on the fire?" he asked, his angelic smile illuminated by the flickering flames.

His mummy, my lovely wife, took Little Z for a pee (not on the fire). I gave the pot another stir taking care to shield my nose from the stench. Yes dear reader, we were boiling bones on the bonfire only last week.

The reason: because we can. Does there need to be any other? OK, I jest. You may recall a while back I wrote of a deer that had been killed at the rear of my property. Well, while exploring the bush more recently Little Z and I found the kill site and the gruesome skeletal remains of said deer.

"OOOH Daddy," exclaimed Little Z. "Bones!"

He was as fascinated as me as we picked our way carefully around the skeleton, prodding ribs, vertebrae, hoofs with sticks. Then we found the skull, a trophy of undoubted magnificence that I coveted almost as much as my little son.

"I want to put it in my bedroom, Daddy. Can I, can I?"

And so, an hour later we were sat around the bonfire with the cauldron bubbling away, boiling bones. The thrill of the find had worn off somewhat for Little Z, the cleaning of the skull before it would be allowed into the house was lost on him. But, a roaring fire, eating dinner offerees (bowls of pasta, not boiled deer head!) and toasting marshmallows, or marsh fella's, as he calls them,

Tell us your opinion

Send your letters to the editor to
matthew@haliburtonhighlander.ca

Momentary thoughts

Dear editor,

You don't have to go to Ingoldside to see people speeding. Often while driving down Highway 121 from Minden, I have been passed by cars on a double line at the crest of a hill going about 70 mph. Last year standing at the Timber Mart in Kilmount, I witnessed on two separate occasions cars pull out and pass other cars on a double line in the town's 30 mph limit heading into the main street. Both cars and trucks often whiz through town far over the speed limit. Too many people, too big a hurry!

Then there was the asking people on the street what they thought of hunting season, and most agreed it was necessary to control the population of bears and deer etc. It wasn't the hunting that was the issue, it was the concept we need to manage nature, or everything will fall apart. It is hard to imagine the problem here in the tranquil wide open spaces of the Highlands... but!

In February 2012 the UN released a dire warning that unless something isn't done, the world cannot sustain the ever-increasing population growth of the world. This same population growth managed to drive millions of species of our fellow animals to the verge of, or into extinction. This same population growth that is fuelling climate change will drive more of our fellow animals into extinction, and threaten our very existence.

The report went on to say by 2030, we will need to supply the world with 50 per cent more food, 30 per cent more water, and 45 per cent more energy, a position that our natural environment will find impossible to sustain. Since it is unlikely we will set up a hunting season to manage the problem, or solve it with logical, reasonable solutions, it is predictable that famine, disease, and starvation will intervene to correct the problem without our help. We can manage all we want, but the unfortunate truth is the only real threat to the survival of the tiny blue orb we share is us, the human animal.

Keith Sista
Kilmount



had kept the little chap amused as his mum and I chuckled about what folks back in Blighty would say.

"Imagine if our friends from London were here, what would they think?" chortled my lovely wife.

"If they knew what we were doing most of them wouldn't be here," I laughed. "Come round to ours this evening, we'll be boiling bones," not the most enticing of invitations is it. Even with a bonfire and marshmallows!"

But, the mere mention of a bonfire here in Haliburton and you have friends aplenty. There may be one or two noses turned up at the bone boiling bit but that's only because the wind is in the wrong direction and they caught a whiff.

We laughed and laughed again as Little Z ate three marshmallows for every one that he tried to roast. And, as the bones boiled we basked in our rural life. The stars that shine so brightly; the freshest of autumn air; the crunch of myriad red and gold leaves underfoot; and, the simple fact that we could go out and find a dead deer at the bottom of the garden. And then boil its head just for fun!

By WB Jones

Highlander opinions

Eye on the street: What do you think about McGinty resigning?



Ben Carnochan

Kenilworth Lake

I was very surprised. I thought he would sack it out and work with the opposition.

Chris Zahn

Haliburton

I think that it is bad timing. He should have tried to follow up on some of his promises before giving up.



Ian Brown

Toronto

More surprised than anything. Very surprised at the proroguing of parliament. The air ambulance and Ontario power are interesting as they cannot go to court now.



Peter Varga

Haliburton

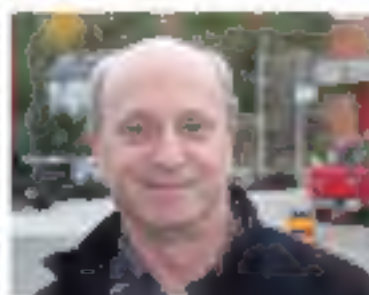
Good riddance. Sick of all the money grabs and broken promises. Every time we turn around he is doing us.



Gary Gough

Haliburton

Politically in Ontario it is a sad state of affairs when you have a minority government where it is difficult to lead and I can understand the frustration that he has had to live with.



THE PHONEBOOK PROJECT: DONNELLY

By Mark Arke

Minden resident Mike Donnelly won't forget how he was introduced to the Crime Stoppers program.

"I was working at headquarters for the community mobilization unit," said Donnelly, who spent a majority of his career with the Toronto Police Service. "I was on the same floor as the headquarters for Toronto Crime Stoppers. If they got really busy or a bunch of people called in sick... I'd go in and help answer the phone calls."

Donnelly was astounded by how effective the tip line was.

"I got to realizing that we're getting some really good calls here. This is important stuff."

Three years later, in 2007, Donnelly found himself joining the board of directors of the Kawartha-Haliburton Crime Stoppers.

"When I came up here there was no Haliburton contact," he said, explaining that the local chapter started in 1989.

Crime Stoppers began in 1976 after a Canadian detective, Greg MacAleese, came up with the idea to offer a cash reward to tipsters who provided information leading to an arrest. The light bulb went off when MacAleese was investigating a gas station hold up where the attendant was shot and killed. There were no leads and after six weeks the investigation came to a halt. Within 48 hours of posting the reward, two people were arrested and later convicted of murder.

Crime Stoppers is now worldwide with over 1,000 programs.

As a board member, one of Donnelly's main priorities is fundraising.

"Everything is volunteer, Crime

Stoppers isn't funded by anybody," he said.

Funds are needed in order to give out the significant cash rewards (they range between \$100 and \$2,000). There are also some day-to-day operating costs associated with running the program.

Fundraising efforts include an annual golf tournament, raffles and other initiatives, said Donnelly.

"Just to keep things running it costs around \$18,000 a year."

By taking a look at the statistics from 2010, the program appears to be working. In that year 365 tips were received and 39 arrests were made. Police recovered over \$1.5 million in illicit drugs and nearly \$345,000 in property. The board of directors approved nearly \$8,000 in tipster rewards.

Donnelly says that a majority of the tips that come in from this area are about marijuana grow-ops.

"That's our meat and potatoes up here... For Haliburton (County) it's mostly the outdoor grow-ops."

Due to advancements in technology and the ever-growing popularity of social media, more online tips are coming in than ever before.

"What we've noticed over the last couple of years is that our web tips are probably about 50 per cent now."

At no point is a tipster's identity revealed or even known, assures Donnelly.

"We don't know who the tipster is, we don't want to know who the tipster is. They get assigned a number. We don't want information about who they are or how they know what they know."

Should someone witness a crime in progress, Donnelly advises they call the police first.



Photo by Mark Arke

Mike Donnelly showing off his Crime Stoppers brochure.

"We'd prefer that you call the police. But if you don't want to call the police, for whatever reason, that's when you use Crime Stoppers."

In the past five years, Donnelly says that the public has become more aware of the work that Crime Stoppers is doing. That, he believes, is in part due to community engagement and marketing.

"We've had some good turnouts at forums, we've put up some big billboards along the highways, I'll put an ad in the paper every once in a while... We're always promoting it somehow."

Although Crime Stoppers relies on donations, a need for volunteers always exists. Donnelly encourages anyone interested in joining the board of directors to apply.

"There's a little process you go through. You have to be interviewed and it's determined if you'll be suitable for this type of thing."

A mandatory criminal record check is also required.

For Donnelly, being involved with Crime Stoppers has been an incredibly rewarding experience.

"I can actually see it working," he said. "When I go to the meetings I can see how many calls come in from Haliburton (County), I can see when we're paying out rewards... It's effective."

To provide a tip or learn more about Crime Stoppers visit www.khcs.ca.

In the event of an emergency call 9-1-1 or the toll-free OPP hotline at 1-888-310-1122.

Every two weeks, for a year, we're interviewing a Highlander at random from the phonebook, starting with A.



Because everyone has a story.

Highlander health

Survivor calls for donation awareness

By Erin Lynch

This month an abundance of pink ribbons will appear on lapels, bumper stickers, clothing and reusable coffee cups. October is Breast Cancer Awareness month. However, one local woman and breast cancer survivor, Daniela Pagliaro, says the pink ribbon campaign only creates a big knot in her stomach, resulting in her feeling angry and offended.

"Corporations are co-opting the disease," says Pagliaro. "Breast cancer pink has become a fashion phenomenon. There are even pink guns. Awareness is a vague term. Where are the raised funds going? The money is nearly being used for research, prevention or treatment."

On Feb. 28 2011, the day after her 42nd birthday, Pagliaro was diagnosed with an uncommon form of breast cancer. This time last year the single mother was thin, bald and broke. Even while recuperating from chemotherapy she was already preparing for the next assault on her body: radiation treatments.

Prior to her getting sick, pink ribbons were insignificant to Pagliaro.

"My gut reaction to the pink campaign was that the marketing rubbed me the wrong way, but my feelings weren't based on anything specific."

However everything changed with her own cancer diagnosis. While breast cancer awareness was everywhere, Pagliaro felt like the odd woman out.

"Pink and positive," Pagliaro chants. "There is nothing positive about being slashed, poisoned and burned. Women have to be allowed to be angry."

In May 2011, Pagliaro attended a session of the Look Good...Feel Better program at the Peterborough Regional Health Centre. Since 1992 the Canadian Cancer Society has been involved in this program to meet the needs of women who are receiving chemotherapy or

radiation therapy. Cosmeticians offer small workshops and seminars on skin care, wigs and hairstyles. As Pagliaro read the ingredient labels on the gift cosmetics she received at the workshop she was shocked to realize the majority of the skin care items contained parabens, a known cancer-causing agent. The paraben-laden products used in the program were sponsored by the Canadian Cosmetic, Toiletry and Fragrance Association. Many of these same cosmetic products bore pink ribbons on their packaging and are mainstream cosmetics that many Canadian use on a daily basis.

Pagliaro says she was in a conflicted position because although this program was supported by the Canadian Cancer Society, many of the products were carcinogenic.

"All these women were there with hope and laughter in their eyes, some of them had no hair and no eyebrows as a result of treatment," says Pagliaro. "Even the volunteers were so positive, frothing with bubbly energy. It was evident that they authentically believed they were helping the women."

As a result of this experience and the increased knowledge she gained through research, Pagliaro says she didn't feel comfortable joining a support group.

"I had some strong consumer-cancer culture views and I wanted to be free to feel angry without upsetting or offending people. Without a support group, I didn't have anywhere to go so I went to the internet."

During her research she learned the origins of the pink ribbon campaign.

Charlotte Haley, an elderly American woman, had begun a peach ribbon campaign to press the National Cancer Institute to increase its budget for cancer prevention research. The cosmetic company, Estee Lauder and Self, a women's health magazine, approached Haley to collaborate on her ribbon campaign that was to be launched in New York City stores. When Haley refused



Photo by Erin Lynch

Daniela Pagliaro urges people to do their research before donating to charitable organizations.

citing what she felt would be a commercial effort, Estee Lauder and Self magazine proceeded without her but changed the ribbon colour to pink.

Online, Pagliaro learned about the San Francisco group, Breast Cancer Action, that created the project Think Before You Pink. The project was in response to the growing concerns about the number of pink ribbon products on the market, calling for more transparency and accountability by companies that take part in breast cancer fundraising. Think Before You Pink encourages consumers to ask critical questions about pink ribbon promotions.

"There's a whole culture that is telling the other side of breast cancer," says Pagliaro. "I decided to join them."

And she did by creating a blog entitled *Shadows and Light, Life with Cancer*. Her entries are at times emotionally raw.

In one of her entries, Pagliaro writes: "I want to scream to the world: 'If you are considering, have ever considered or have made a donation to a charity, I urge you to stop and think about the people in your family, your friends or your neighbours who have been dealing with a major illness or incapacitating surgery. Think about donating directly to them. Every bit helps. The stress of the financial burden of being sick for me and for many others according to the research I have done, is far worse than the stress of being diagnosed with a critical illness. On the other hand all those raise-money-a-thons and

ribbon campaigns do not directly help us."

Pagliaro questions why she struggled to pay her mortgage, needed to use the food bank and begged for rides to radiation treatments when her community raised \$175,000 to support cancer patients the year she was sick.

"Not only was I dealing with a life-threatening disease that created all this fear and emotion, I also had some serious side effects," says Pagliaro. "At the same time I was trying to figure out how to pay my mortgage, hydro bill and get groceries."

Pagliaro praises programs like Fuel for Warmth and the Minden Food Bank.

"When social services couldn't help they pointed me in the right direction," she says. "I had an okay paying job with a fair benefits package, but it wasn't enough. No one should have to go through this. I could have lost my house."

Two groups that saved her are The Kelly Shire Breast Cancer Foundation (www.kellyshirefoundation.org) and The Canadian Breast Cancer Support Fund (www.cbcsf.ca). These volunteer-run organizations provide direct financial assistance to people with cancer.

"If somebody you know has been touched by cancer and you want to help, do your research. Get on the Internet. Most charitable organizations publish financial statements," advises Pagliaro.

She insists that you will feel better about donating if you find an organization where money goes towards something you support.

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Highlander education



Photo by Matthew Deeresters
Rosalie Howard, left, kindergarten teacher at Archie Stouffer and ECE Cindy Pieper.

Program more than babysitting

continued from page 1

But the volunteers are not there just to help keep the kids in line.

"It's more than babysitting," Howard said. "Because it's a play-based program, they're interacting with the kids in their play. The volunteers we've had so far know how to ask good questions that extend their thinking."

For example, when having the kids build with blocks, instead of commenting on how nice the structure looks, the volunteers ask how many blocks high it is so the kids have to count.

"It's getting them to think a little bit more about what they're doing."

They ask provocative questions, help the kids orally express their ideas, read with them, and develop their social skills.

Howard said so far the program has been a success, but the next step is to get regular volunteers.

"I think an hour in the morning and an hour in the afternoon would be amazing," she said.

Volunteers would ideally be on a rotation throughout the week.

"What we're hoping is, if this gets up and running and we can get a good volunteer program going, that when Stuart Baker (Elementary School) gets full-day everyday kindergarten, they'll think it's a good model and can (start) it at their school," Howard said.

The full-day kindergarten program has had

an impact of the quality of education for the kids, she said.

"It's great in the consistency, because the kids are coming every day and the routine is the same every day, it really helps them adjust to school more quickly than the every other day program did."

"The kids are way ahead now in their skills."

However, the results would be even better if the gap in the teacher to student ratio wasn't so large.

"If you had two adults with 20 kids in here, they'd probably be way ahead in reading and writing," she said.

That's why the volunteers are needed.

"The amount of intentional instruction we can give to kids in small groups, one on one, will advance them, and if you can do that consistently, they're going to make progress."

Anyone interested in volunteering should contact the Archie Stouffer Elementary School office to get a mandatory police background check completed. Once that is done, volunteers will be contacted by Howard and the other kindergarten teachers for orientation.

For more information, visit the school's website at www.fdsb.on.ca. Navigate to the classrooms page to see pictures of the class as well as information on the kindergarten program.

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Junior Highlanders

Student's attendance 'remarkable'

By Matthew Desrosiers

Every student has those days when they wake up and just don't feel like going to class.

Robert Carmochan, however, isn't every student.

This Haliburton Highlands Secondary School (HHSS) Grade 12 student hasn't missed a day of class since the start of his high school career.

"I just don't get sick," he said.

Nor does he skip class, or show up late. In fact, Carmochan was awarded a plaque on Oct. 4 to recognize his perfect attendance for the third straight year.

He's going for four.

"I don't really see the point [in skipping]," he said. "I have the same amount of work to do, plus I have to do it in detention. I just do it in class. Then I have lunch to do what I want to do."

Carmochan said he's at school to learn and get good marks, so it should come as no surprise he's also an honour student.

"This education is going to set you up for the rest of your life."

With plans to go to Ottawa to study civil engineering, he knows what he wants and what he needs to do to achieve his goals. But the perfect attendance award has practical applications for Carmochan outside of the classroom, as well.

"If you have that on your resume, your boss will know you're reliable," he said. "Unless there's something seriously wrong, they know you'll show up."

Mr. Seimberg, vice-principal at HHSS, agrees with Carmochan.

"It's just huge," he said. "To get that certificate and put it on your resume shows a potential employer your dependable and reliable character."

Seimberg said despite having 500 kids at the school, it's a very rare accomplishment to receive perfect attendance.

"For Robert to get this three years in a row shows a lot of maturity [and] commitment to school," he said. "To have that happen is remarkable."

That commitment is also reflected in his marks at school, he said.



Photo by Matthew Desrosiers

Robert Carmochan proudly displays his award for three consecutive years of perfect attendance at HHSS.

"If you don't go, you don't know," said Seimberg. "He's a kid, if he goes, he knows."

Carmochan's attendance record is a reflection of his upbringing, he said.

"I would attribute some of his success to parenting. It comes from [that] family."

After three years of perfect attendance, Seimberg expects he'll see Carmochan's name on the awards list again next year.

"He's going for it. I don't want to just it. You do it three years in a row, you're going for four."

For Carmochan, it's a matter of family pride at this point. Both his brother, Kyle, and mother, Julie, had perfect

attendance during their high school careers.

"I can't let him [Kyle] one-up me," he said.

If you visit his house, you'll find Carmochan's plaque hanging on the family's trophy wall along with the awards they've won collectively over the years. There's one more plaque he would like to hang up there, and it will take another year of dedication and commitment to get it.

But it's all part of Carmochan's approach to life.

"Better to put all your effort into it the first time rather than having to go back and re-do it three or four different times," he said. "Give everything you have to whatever you're doing."

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Highlander people

John Patterson's well-travelled journey

By Mark Arlio

Many people in the community know John Patterson as the visionary behind Abbey Gardens.

But when you begin to dig deeper, you learn that this West Guilford resident has been down a fairly winding road to arrive in where he is today.

Born in Belleville, Patterson moved around southern Ontario as a child.

"The closest I ever lived to Haliburton was in Fenelon Falls," he said.

He graduated high school in Richmond Hill and went to the University of Toronto where he studied philosophy, English and history. He then travelled abroad to take his first year of theology at the University of St. Andrews.

"I was eager to travel, for one reason or another," he said, adding that the experience opened up the door for future travel.

He returned to Canada after that year to study at Queen's University. It was there he met his future wife, Thea.

"I took two years of theology there and was ordained in the United Church. I spent three years as a pastor in northern Ontario."

Patterson and Thea's next move was to Chicago, where he did postgraduate studies in Eastern Orthodoxy.

"It's a part of the church that we North Americans pay very little attention to."

He chose the subject after a professor "talked him into it."

Signing up also means Patterson would get to go on a six-week trip to eastern Europe.

It was during that same year he discovered the work of an organization known as the Institute of Cultural Affairs, also in Chicago.

"That turned out to be a life-changer for us because we got very interested in their work. At that time they were deeply involved with inner city social work."

With their own enthusiasm for the organization's work and the possibility of making changes elsewhere, Patterson and his wife were offered an opportunity.

"The possibility of being a part of their staff was presented to us. We jumped at it."

Within six months of finishing his master's program in Eastern Orthodoxy, Patterson and Thea embarked on further travels.

"We were en route to Hong Kong for six months, then India for five years."

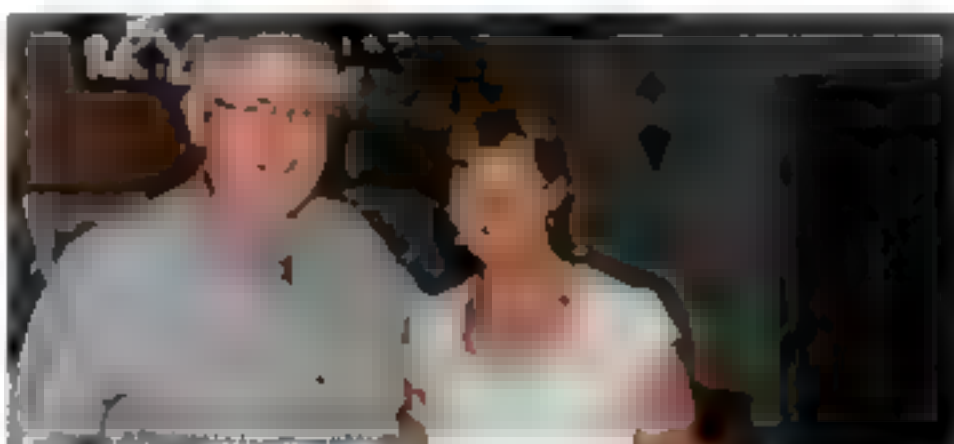
Patterson was involved in programs at the

village level in India as well as fundraising to implement those programs. His wife, whose background is in teaching, created curriculums for pre-school teachers in India, among other things.

In 1985 they went to New Delhi, India for a six-year stint in upscale leadership training work.

Although they were all "fabulous years," the time had come to trade in volunteer work for earning a living.

"The family economics were pretty desperately thin all that time. There was a small spend every month, but there wasn't a serious income."



John Patterson and his wife Thea

Patterson founded a software consulting firm with two friends while his wife began working at an international school in New Delhi, before teaching in Hong Kong.

The company, then known as Hamby, had its production operations based in India and work would get distributed to other parts of the world. Over the years, Hamby grew to include 7,000 employees.

Surprisingly, Patterson had no IT skills. But his past experiences and his eye for talent made him an asset to the company.

"I had deep experience of the India scene after 11 years of living there and I had pretty good presentation skills. I knew how to operate in a variety of cultures."

When he and his wife retired, they longed to return to Canada.

"We had been gone for 32 years and thought it was high time that we began to look towards Canada."

While in Hong Kong, they discovered a property on the web that they would end up purchasing.

"Haliburton had been part of our geography," said Patterson, explaining that he had spent many summers in the Patterborough area.

They purchased the property, which is located atop a hill on Cranberry Lake Road in West Guilford, in 2004. In 2006 they completed their family home, which they named Abbey North. It serves not only as their residence but is a meeting space for local and international groups. The property includes solar energy systems, a windmill and

and we told him about our explorations in AIDS work and the different countries we had been visiting. He said, 'our elders group has determined for some time to do something about HIV and AIDS in our own community. But we have no idea how to get started. Can you help us?'

They pondered the question and returned to see the elders three months later in Il Ngweni. Although the Pattersons weren't medical experts and were living in Haliburton, they decided to come to the aid of the people.

"This sounds like the start-up of an information and technology company, doesn't it?" laughed Patterson. "Knowing nothing but jumping in."

First, they had volunteers distribute surveys to those in the community to gain a better understanding of the current situation. After, youth groups produced dramatic skits about HIV and AIDS and made door-to-door visits to everyone in the area. This led to testing services for all, which were run out of tents.

Patterson attested to the success of the program.

"The Kenyan government considers a successful if they can get somewhere between six and 10 per cent of the people tested in the community but that's it. In Il Ngweni today, more than 95 per cent of that community has now been tested."

The Pattersons and the people of Il Ngweni were also recently approached by an organization to help the people of Tanzania implement their successful model.

"The intent is, that if it works well within their organization, it will spread to wherever they're doing work in other parts of Southern Africa."

Today, Patterson keeps himself busy with the Abbey Gardens Community Trust, a not-for-profit organization focused on a community-based effort to secure agriculture, energy and financial sustainability for Haliburton County. He also is a board member of the Institute of Cultural Affairs in Toronto.

When asked if he has other major plans for the future, Patterson says nothing pressing comes to mind. However, he often thinks about the community's well-being and the bigger picture – the world at large.

"It feels like there are many more challenges that await us," he said. "Those challenges aren't far from our minds."

Photo by Mark Arlio

a greenhouse that can harvest vegetables 12 months of the year.

In the fall of 2005, Patterson and his wife had a chance encounter with a group of youth from Kenya who were on a youth exchange program in Haliburton. They already had planned a trip to Africa, but this certainly would shake things up a bit.

"Because of our interest in international stuff, we had planned a trip to Africa to see some of the work that's going on with HIV and AIDS. While we were in the process of planning that trip we met up with this group of African from Kenya in Haliburton."

When the group learned that the Pattersons were going to be visiting their continent, they invited them to their Maasai community, located at the foot of Mount Kenya. They needed immediate help in the battle against HIV and AIDS.

"We're sitting here with this elder, Morris,

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Haliburton County's Hot Roads

The following are the top five fiction and non-fiction titles as requested this week at the Haliburton County Public Library.

HELP'S TOP FIVE FIC TION

1. *Fifty Shades of Grey* by E.L. James
2. *Trust Your Eyes* by Lenwood Barclay **▲▲**
3. *Up and Down* by Terry Fallis **▲▲**
4. *The Casual Vacancy* by J.K. Rowling
5. *The Beautiful Mystery* by Louise Penny **▲▲**

HCFL'S IMPULSIVE NON-FICTION

1. *Wheat Belly: Lose the Wheat, Lose the Weight, and Find Your Path Back to Health* by William Davis
2. *Wild: From Lost to Found on the Pacific Crest Trail* by Cheryl Strayed
3. *Quiet: The Power of Introverts in a World That Won't Stop Talking* by Susan Cain
4. *Thinking Fast and Slow* by Daniel Kahneman
5. *The Wealthy Barber Returns* by David Chilton ■♦■

J.K. Rowling, author of the unanimously popular **Harry Potter** series, recently released her first adult novel to mixed reviews.

The Casual Vacancy, already quite popular at the Halburton County Public Library, is a darkly humorous story about the deep-rooted conflicts in the seemingly idyllic community of Pagford, England.

The reason for the mixed reviews seems not to rest in the merits of the novel itself, but rather the emphasis seems to be on how well it compares to Harry Potter. In short, it doesn't compare. Keep in mind the following and you just may enjoy it: 1) don't read it simply because the author is J.K. Rowling – it is quite a departure for her; 2) don't expect magic, wizardry or anything fantastical; and 3) don't read it if you are uncomfortable with the fact that Rowling, who has shaped many a childhood, is writing about drugs, war, sex and prostitution.

If you are still interested in trying this new ride, you can reserve it in print, large print or talking book formats from your library.

Library News: We're running children's programming on Saturday mornings at the Dyson (Halburton) branch throughout October. Stop by at 10 a.m. for stories, games, crafts — free fun!



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Highlander sports



Photos by Warren Riley

Above: Red Hawks #80 tries to take down a Norwood player. Left: Mike Oack, #76, assists in tackling Norwood for a loss of yardage.

Knights cut down the Red Hawks 12-7

By Warren Riley

On Oct. 12, the HHS Boys Senior Red Hawk Football team went down to defeat 7-12 against the Norwood Knights.

Although losing, coach Tim Davies expressed his team's effectiveness.

"We played well," said Davies. "Overall, I'm very proud with what the kids put on the field today. They had a quarterback that was a little quicker than our linebackers were and good coaching decisions on their part running a quarterback draw a couple of times and that was the difference in the game."

Future wins will be dependent on the team's health according to Davies.

"We have some key individuals that are out right now that have speed in our team and can carry the ball for us. If we get healthy then we'll finish stronger than what we have shown so far."

"Our kids have grown every game," he continued. "We have gotten better every game. This football team here [Knights] is a very good team, they are a strong team and they are very successful and our kids gave them everything they could."

As yardage is the key to touchdowns, both teams were guilty of losing that all important footage. Eventually redeeming themselves, three touchdowns were scored.

Coach Jim McMillan of the Norwood Knights loves having his team play the Red Hawks.

"We were missing a couple of key kids but nothing I can't say about the Red Hawks," he said. "The Red Hawks played extremely hard and you could tell by their coaching from Mr. [Davies]."

"The Hawks play their own position," McMillan continued. "But you know what? Our kid who plays quarterback was definitely the game difference. He made a couple of plays that

game either way."

"My hat goes off to these guys for making great plays and doing a good job. It's always a battle when we come here and it doesn't matter if [the score] it's 0-3 or 3-0. It doesn't matter."

It was refreshing to hear comments from a visiting coach congratulating and commending the home team. Mr. McMillan is without a doubt one of sports predominant ambassadors.

"Halifax is a great place, a great community, a great scenic field to play in and we are really glad we came out on top but again the score could have gone either way."

Hard tackling combined with good passing and receiving will either make or break a game. Both the Red Hawks and the Knights have exceptional players and are looking forward to their next meet.

Highlander sports

Athletes to watch

Star's ambition not so Little

By Warren Riley

Young athletes with a penchant for sports rarely receive the recognition they deserve.

One such athletically-inclined Archie Stouffer Elementary School student is 13-year-old Jamie Little. Little enjoys most sports activities but her favourite is hockey with basketball a close second.

The first observation one receives when introduced to Little is her height. In contrast to her name, at five foot eight, Little could almost drop a basketball through a hoop without leaving one.

She is an honour student with exemplary marks.

"I'm in Grade 8 and my marks so far are in the 80s and some are in the 90s," she said. "I like sports but hockey is my favourite. I play for the Highland Storm Girls Hockey team and I really enjoy it."

Little's mother, Chris, is very proud of her daughter both scholastically and athletically.

"I really enjoy her," said Chris. "She is the balancing force centre in our family. She's not high stressed and I like that she is socially active."

"Jamie has tossed around the idea of maybe being in physiotherapy or some sort of sports medicine or something like that which will keep her involved maybe in a different way," Chris said.

When asked how she felt about what the future her family has in store for her, Jamie's answer was immediate and to the point.

"I like it." Little's future is bright and very promising. According to her mother who cited statistics, she should stop growing when she reaches six feet. If her growth continues beyond that point and she still plays basketball as a secondary sport, this budding scholar could add stardom to even professional basketball player to her résumé.



Photo by Warren Riley

Jamie Little, 13-year-old rising star from Archie Stouffer Elementary.

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Highlander sports



Photo by Warren Riley

Pictured above the championship Highland Storm PeeWee team: Parker Smolen, Josh Bellefleur, Carter O'Neill, Shawn Walker, Nicolas Dorio, Josh Boice, Alexander Petrie, Jacob Haedrick, Ryan Prentice, Ben Schmidt, Kyle Cooper, Devyn Prentice, coach Barry Boice, trainer Tom Prentice, manager Kirk Cooper, coach Jim O'Neill, trainer Ashley Walker.

Storm beat the odds to victory

By Warren Riley

On Oct. 13 and 14, the Boys Highland Storm Hockey Club turned a minor breeze into a devastating Storm at the 7th Annual Matt Duchene Fall Classic Hockey Tournament hosted by the Highland Storm Minor Hockey Association.

In the first round robin game, the Storm defeated Hastings 3-1. Coach Barry Boice was pleased with the team's effort.

"The first game was good," he said. "We did simple things, we played simple and that's what we have to do. We got two goals by Josh Boice, an open-net goal and we got really good goaltending from Parker Smolen."

Game two against Innisfil saw the Highland Storm continue to build momentum with another 3-1 win. Boice knew his team was on a roll.

"It was a great game," he commented. "We played a better, stronger and were a more physical team in this game. We stayed away from the [bad] penalties and they got the penalties instead and that cost them. We were very disciplined. Ryan Prentice was the star of the game as he had his best game of the year."

The Storm turned into a maelstrom in game three against Mariposa. Coach Boice chuckled that every game so far had identical scores. Good defence and good goaltending led to another 3-1 win for his team. Three had become the team's lucky number.

Asked whom he thought stood out in the game, Boice couldn't pick just one.

"I'm going to go with two players this time," he said. "That would be our goalie Josh Bellefleur and Kyle Cooper. Kyle got two goals in one shift. We're now on to the semi-finals in Wilberforce."

"We can beat anyone now."

Electrical pulses emanated from every Storm player as they left the dressing room for the rink. This was a semi-final game against Woodville and a win would advance them to the finals. Boice gave his final pep talk before the game.

"I want clean play and few if any penalties," he said.

The game became demoralizing for Woodville as they lost 7-0 giving Storm's goalie, Bellefleur, a well-deserved shut-out.

Boice was thrilled at the win.

"We're in the finals now," he said. "It was a great game. The boys played excellent and they did everything we asked. They put the puck in when we asked and now we're on to the finals. The player of the game would be Ben Schmidt who got a goal and did some real great back-checking."

The final game and the championship was now at hand between the Highland Storm and Centre Hastings. The Storm couldn't be stopped.

Hastings scored the first goal, but the Storm responded with three unanswered goals. Hastings scored their second goal in the third period putting the Storm under pressure. This led to a nail-biter in the final few minutes of the game with Hastings pulling their goalie. They tried valiantly to smash the Storm's bastion but failed. The final score was 3-2 for the Storm. They were the champions.

Boice's prophetic statement "We can beat anyone now" came to pass.

"It was a very good team [Centre Hastings] we played against," he commented. "They were very good skaters. Our team started off very slow, had no legs to start with, for whatever reason. We caught our wind there half way through the second [period] and carried on."

Unknown to most, the Highland Storm were at a strong disadvantage from the start of the tournament.

"Most of the teams we played had 13, 14 or even 15 players," Boice said. "We had only 10 and we had to work every player harder. They worked their butts off and deserved to win."

Winning the prestigious Matt Duchene Fall Classic in the PeeWee division was gratifying for the Highland Storm Club. The team played clean games as shown by the lack of penalties handed out. Their success throughout the tournament was indicative of coordination, communication and the desire to win.

Highlander sports

Girls Red Hawks basketball team defeat Brock 26-24

By Warren Foley

One factor which contributes to a win for any sport is to understand your opponent's weakness. That was the case in the basketball game between the HHSS Girls Red Hawks and Brock on Oct. 16.

The Red Hawks lost their season opener against Brock but were determined to redress themselves. The fast-paced, close-scoring game was anyone's guess as to a winner. The final few minutes ended with a win for the Red Hawks 26-24.

Assistant Coach Liz Gardner of Brock was disappointed at her team's loss but thrilled at their overall performance.

"I think it was a pretty good game," she said. "It was back and forth between the two teams and I think they were equally matched.

Haliburton has some nice shooters. Our girls played hard and it just shows. You don't like the blowouts and we didn't see that."

Both teams played hard and were well matched. The excellent dribbling and aggressive passing was true evidence of each team's consistent improvement. Rebounds were satisfactory but needed seasoning.

Kayla Gardner #2 for the Red Hawks saw her team take advantage of the errors made by Brock.

"We played them a lot better than we did the first game of the season as they were stronger so we pretty much freeshot," she said. "We have been working on our offense a lot and our technique for that. It was more intimidating but it was a much closer game this time."

At any one point in the game, the scoring

gap was only six points. Both teams were taking advantage of every scoring opportunity.

Head Coach Linda Gardner of Brock said,

"In the last five minutes of the game, we saw some really good decision making and patience," she said. "We have been working with them on the fouling up and the fouls they are taking are smart fouls and that's good."

Dibblee said her team is developing.


"The team's playing is coming really good and there is not a member of this team tonight that did not contribute to this win so everybody is really feeling good about the victory today. We did a new thing in practice last night and it kind of threw them off a little bit."

Asked what this 'new thing' was all about, Dibblee described the tactic called the 'Zone'.

"It's a one-two-two zone and the objective is to force steals before they (your opponent) get to your end and that's what it's set up to do. It's new to the team and we just started it last night. It's the first time they saw it."

Referee Rick Tudhope kept plays in check. "It was a very competitive game," he said. "Both teams are balanced and the scoreboard shows the effort on both parts. The game was pretty clean. We talked to the players at times and tried to keep them from getting fouls."

"It's kind of a defending management thing and they listen which shows that they've been well-coached that way too. They started to become a little aggressive but they also knew the boundaries."








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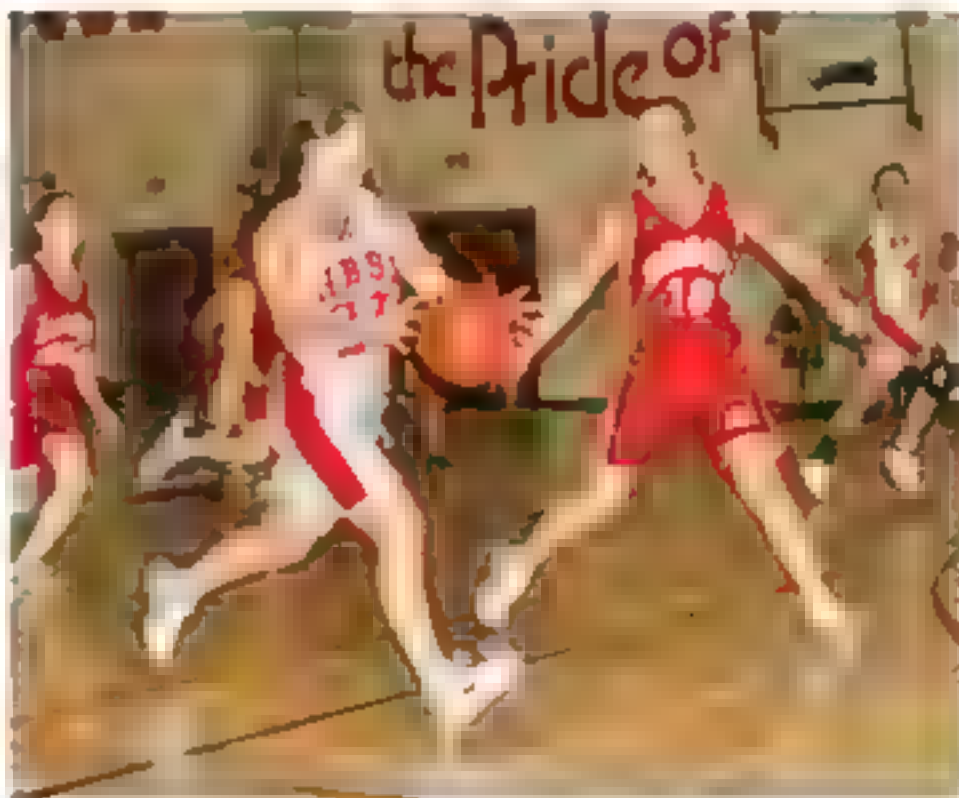
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Photos by Warren Foley

Top: Maia Sullivan sidesteps a Brock player and scores. Above: Romina Prargate takes ball possession.

Highlander technology

The Computer Guy

Protecting your laptop

Losing a laptop through either misplacing it or by theft can be devastating. Not only is the financial loss tough to get over, but the loss of personal files, documents, photos and other data can be even more unsettling.

It can also be potentially very dangerous, as any criminal could then have access to your e-mail or online banking accounts, which, combined with other personal data on your laptop, could make identity theft easy.

So I decided to look at some super security and tracking software. I found two I liked; one is free, the other you pay for.

Lolack, at 365 a year, is definitely focused on home users. This is evident not only in the easy and simple installation, but also by the pop-ups that appear on screen, similar to those found in activus sums.

Once installed, you need to create an account on the LoJack website, enable geolocation tracking and create a PIN. A map view shows your device's location and there are four tabs that split the planned recovery of your device into: locate, lock, delete and recover.

While many services rely on Google Maps, LoJack opts for a map powered by Esri. It looks good but there's no easy way to zoom in to get a more specific idea of where your device is, just a big red dot that covers a large area. The Lock part of the process requires you to input your PIN, enter a message, and then click 'Lock Device'. The locking process takes about 20 minutes. When it does you're notified by e-mail. A locked screen appears, with your message, and the keypad becomes unusable. Remote deletion of your important

data can also be run in the Delete step, while in the Recover section.

Prey shows just because a product is free doesn't mean features necessarily have to be cut. First impressions of Prey are that it has a professional and good-looking interface. When launching the software for the first time, you're required to set up how Prey sends you reports, either via e-mail and web, or e-mail only. The web control panel is excellent, with a clear and attractive interface. Settings can be easily configured via sliding toggles, similar to those found on iOS devices.

Designating your laptop as "low" will instruct Fry to begin creating reports on its ~~internal~~ web and ~~non-web~~ web capabilities. The reports themselves are very good, with pretty accurate Wi-Fi-based location, and webcam support.

A very handy feature that isn't in many other laptop security suites is that Fory also takes a screenshot of the laptop. If you're lucky the thief could be on a site that will help you recognize them, such as Facebook. There's even more information included in the reports, which makes Fory easily one of the best laptop security applications and it's free.

Whatever security software you choose it makes sense to be protected.

For questions or comments, e-mail me at computerpy@talkbarn.co.uk.
Happy and safe computing!



By David Schwartz

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Monday, October 29th
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ANNOUNCEMENTS

KIT IS LOST! Friday, Sep. 14, treasured family pet, 9-year-old Maine cat, predominantly white with grey and black patches, short bob tail, lost at Haliburton Veterinary Clinic on Peninsula Drive. Reward. Call 705-447-2266. (OC 18)

ANNOUNCEMENTS

LOST — BLACK CAT, lost on the night of Thursday Sep 6 at Hunter Creek Estates (could have travelled). Very friendly, answers to Slater. He is on a special urinary diet. Please call Sonya at 705-286-6379, reward offered. (TFN)

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Ryan James Kennedy

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It's been a year,
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Since you left, it's been tough.
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Highlander outdoors

ATVers use a familiar motto: be prepared

By Lisa Harrison

While some ATV riding terrain can be tricky to navigate in any season, transition seasons ramp up the chances for mishaps.

In the transition from fall to winter, ATV riders are more likely to encounter inclement weather such as fog, rain and freezing rain as well as eventual snow and ice. The resulting changes to the terrain - thick mud, fallen leaves slick with water or frost, slopes where the dirt has loosened and is undermined by running water, and icy patches - can all lead to tip-overs or slides.

Slopes are among the worst terrains to navigate in this season. Following are a few guidelines to avoid up-overs and slides that require winching, as well as some winching tips in case Mother Nature circumvents your best efforts to stay upright and on the machine.

When travelling slopes and hills, wherever possible travel straight up or down the slope as crossing it will make a tip-over more likely.

When climbing, keep both feet on the footrests and slide forward on the seat to shift your weight forward and use low gear on hills to help prevent a stalled engine. On steeper hills stand on the footrests and lean forward as much as

possible.

To descend, shift to low gear and point the ATV straight down the hill before moving. Keeping both feet firmly on the footrests, slide back on the seat to increase stability and help the brakes work effectively.

If you must cross a slope, keep your feet on the footrests and lean uphill. If the machine begins to tip, turn the front wheels downhill. If that's not possible, dismount immediately on the uphill side.

When choosing a winch, you'll need to select the best pulling power for your needs and ensure the equipment is installed correctly. Your local ATV dealer can help you here.

Be sure to read your manual and practice the several steps involved in winching before you head out. The better you know how to use the winch, the less chance you'll have of forgetting or improperly handling one or more of the steps under the stress of an emergency situation.

A winch is a heavy drain on your battery, so ensure you have a newer battery with sufficient power to handle the strain.

You'll need to stretch the cable first (see your manual). Make sure it's not overextended when attaching it to the item to be winched so it will spool back



onto the drum evenly. Winch it during the rewind process, starting and stopping it frequently if necessary to ensure even spooling.

You may wish to replace the cable with a high-quality synthetic winch rope for several reasons, including higher strength, lower weight, greater durability and reduced maintenance.

If you've had to use the line in deep mud or water, you'll want to reel it out and wash both the line and the winch as dirt and grit will damage the winch over time.

A snatch block is almost a given with a winch. This pulley block allows you to winch the ATV from an offset anchor point and will increase the winch's pulling power (though decreasing the pull speed). The block has a side plate that swings open so you can easily fit the cable over the pulley.

With winch and block on board, no matter what weather or terrain you encounter, you'll be prepared for the long (or short) haul.



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October 2012 – Week of the 11th – 17th

[illegible]

6	1		3	5
5			2	9
2		3	5	1
3	6		4	
8		1		5
			3	8
	5	4	1	3
1	9			4
4	3		2	6

Last week's puzzle solutions

To have your community event posted
in our calendar please e-mail
matthew@haliburtonhighlander.ca



ACROSS

1 Aupercution mark
8 Division word
10 Hk. n g
12 motionally distant
15 Duple
16 Airing
17 Son's payment
18 Unwired
20 I have
22 Appellation
24 I know
24 Browning's "barbers"
26 Musical grade
27 Library's part
30 I have distributed
32 Interdictum
33 Plural
34 sing ago
38 Man or boy

- 1 Small design
- 2 Forest board
- 3 Dads' partners
- 4 (Jampot)all
- 5 Following
- 6 _____ a girl
- 7 Poppy (day)
- 8 Viable
- 9 Academy Awards
- 10 School
- 11 (Lyn)ed
- 12 Love (that)
- 13 Sweater
- 14 Forest part
- 15 Phonograph records
- 16 October's stone
- 17 Freeway exit
- 18 Egg-shaped
- 19 Explorer Marco _____
- 20 Ennio (th)

30. Oak springs
40. Capital of Norway
43. Youth history
44. I'll never _____ However
45. Impassioned look
48. Eye makeup
49. Snow-capped
60. Winter under (color)
63. Have being
64. Royal title
66. Restaurants
67. Woman
68. Commission locale
69. Fixed case
69. I don't just
67. Camera glass
60. Uncertainty
69. Surpasses
70. pink
74. Tested

- 31 Fresh fish
- 34 Synthetic fabric
- 38 Yearning
- 39 Whole bunch
- 37 Threaded
- 40 Foot high
- 41 Slow motion
- 48 Complain
- 47 Bellows & athlete
- 46 Staggered
- 50 Remotely
- 54 Manly
- 52 Unchance
- 55 Adjust again
- 57 Elephants
- 56 Croon
- 60 Agony riding
- 61 Pennsylvania city
- 62 Man have
- 64 Compassion

Puzzle 1 (Medium, difficulty rating 0.54)

3	1	5	6	9	2	7	4	7
6	9	2	7	3	4	5	1	8
8	4	7	5	1	2	9	3	6
2	7	1	9	8	5	4	6	3
5	3	8	4	2	6	1	7	9
9	6	4	1	7	3	8	2	5
1	5	6	8	4	7	3	9	2
4	8	3	2	6	9	7	5	1
7	2	9	3	5	1	6	8	4

Crossword 40017

[illegible]

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Highlander events



Photos submitted by Alex Bell

The yearly festivities are sure to give you a scare.

Creatures of the night overtake Wonderland Road

By Mark Arke

You never know what kinds of creepy ghosts and goblins will greet you at 1280 Wonderland Road this time of year. Just make sure to brace yourself for a frightfully fun time.

"It's progressively been getting bigger and bigger every year," said Cathy Barnett, who along with her husband Alex Bell has been running *Terror On Wonderland Road* for the past seven years. "Every year I just got more stuff. I needed bigger places to put stuff. Everybody started walking to it and it just grew."

Visitors who drop by the couple's home between Oct. 27 and Halloween night will discover a maze of frightening

characters, special effects and a few surprises. A popular annual hit are the many pumpkins that line their property and illuminate the darkness.

"A farm in Buckhorn donates the pumpkins to us, and we take them to the high school and JCH (J. Douglas Hodgson Elementary School) and the kids carve them," said Barnett. "Then we display them with candles all over the property on the night of Halloween."

Nearly 200 pumpkins were on display at last year's event. Not only is this event intended to bring out the Halloween spirit in everyone, but it's also a fundraiser for all four of Haliburton County's food banks. While there is no admission

to see their home and all its decorations, donations of non-perishable food items will be accepted.

The items will be collected in an empty box and delivered to the "Fill the Truck Food Drive" campaign, organized by John Teljeur.

A bonfire and barbeque will also help raise funds for the cause.

"We're going to do meat dogs, brain burgers and putrid pop," laughed Barnett. "So come hungry."

Although it takes weeks to get their property ready, Barnett seems to believe it's all worth it.

"It's just a good time for the whole community," she said.

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Highlander events



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A
PARTY
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Saturday, 27 October 2012
when the C.E. Building at ZION
will be 50 years old!!

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New tables and chairs were installed, so come
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For
pot-luck supper and entertainment

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Men, to your heels



Photo by Matthew Desrosiers

The Highlands East Fire Department show off their shoes prior to walking on Oct. 20 in the Walk A Mile In Her Shoes event. From left: Firefighter Dan Charlebois, Firefighter Cao Ryal, Firefighter Kevin Murphy and Captain Brian Horner. Absent is Jason Hintermeister.

By Matthew Desrosiers

Minden's Riverwalk might never look so interesting again.

On Oct. 20, men from across the county will do the walk in high heels as part of the Walk A Mile In Her Shoes event to support the YWCA Women's Centre Haliburton County.

"The funds will help women and their children who come to the YWCA Women's Centre Haliburton County who seek help looking to have their lives free of domestic violence," said Sarah Adams, resource development coordinator with the centre (position sponsored by the Ontario Trillium Foundation). "It's going really well. I think we'll meet our goal of 50 walkers, or be close to it."

Individual and team participants have been raising money for the centre. Dean Rulon (Red Umbrella Inn) has raised over \$2,000, Adams said. The Highlands East Fire Department has raised \$1,145 to date, and expects to exceed \$1,500 by walk day.

Adams said the money will go towards the Haliburton Emergency Rural SafeSpace (HERS) and YWCA programming. The SafeSpace has been expanded to two fully functional units with program expansions to meet a growing need in the community.

"The money doesn't go anywhere except Haliburton County," she said. "It stays here and helps the women here work toward a better future."

Adams said violence against women is

a big issue in the Highlands, as the centre receives more calls every year. The reason for Walk A Mile, beyond fundraising, is to raise awareness of the issue and the centre. Some women who live outside of Minden don't realize the centre is available to them as well, she said.

"It's about having our name out there and getting awareness that we service women for the entire county, not just Minden," Adams said. "Awareness is really the number one reason we're doing this, and the funds will definitely help."

"This might be the first time people have heard there's a YWCA here to help them."

If you find yourself in Minden on Saturday, stop by the Riverwalk to show your support.

"It's important to have a big crowd of people supporting the walkers," Adams said. "Show them you're proud of them for standing tall and enduring some discomfort for the benefit of women in the county."

If you'd rather participate, Adams may have some extra heels available for last-minute walkers. She recommends, however, that you contact her for a fitting prior to the event if you intend to walk.

Registration begins at the Dominion at 10 a.m., with opening ceremonies beginning at 10:45 a.m. For more information, contact Adams at 705-457-0260, or via e-mail at sadams@ywcabell.net.

To register or pledge, visit www.walkamilehaliburtoncounty.com.



Razzamataz Kids Shows!
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Hank and Shirley are trying their hands at opening a brand new restaurant. The only problem is... it's right next to an amusement park! Hank & Shirley are worried about competing with all the fun next door, until they hit on a plan to make their restaurant every bit as entertaining as the rides and games. The big question is: will Hank and Shirley's crazy inventions and wild antics make their restaurant a success? Of course! This is a comedy!

Tickets available at the door:
\$8 - Adult, \$6 - Child, Kids under 2 are free
Season's Pass (4 shows) for \$24 ea.

for more information, see www.razzamataz.ca

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Razzamataz Kids Shows are made possible in part by a grant from the Ontario Arts Council's Teaching and Collaborations Program.

To have your events advertised e-mail them to
admin@haliburtonhighlander.ca

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UNIVERSAL INFLUENZA
IMMUNIZATION PROGRAM (UIIP)

STARTING OCTOBER 24
NO APPOINTMENTS - WALK-INS
MONDAY — FRIDAY

9am - 5pm

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possible.



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HALIBURTON**

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197 Highland Street

Minden Office
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Kimmount Office
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Stormy Lake \$135,000



- 4 season cottage/home - lovely renovated
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Cathy Baker*
705-286-1214
cell 324

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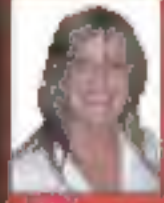


- over 2,600 sq. ft. luxury living
- 4 bedrooms, 3.5 bath
- 3 walk-outs to curved deck
- AC, rustic hardwood floors
- 30' x 16' wheel back-up ready



Marie La Bell*
705-457-2414
cell 27

Trudy Mill Lake \$599,000



Lindsay Elder*
705-286-1214
cell 375



- 3 bdrm waterfront Victorian
- 311 ft sand shoreline with each day
- 3 lake chairs & big lake view



- well maintained cottage - rented cottage
- Concrete docked - TURN KEY



Larry Huser*
705-457-3414
cell 25



- 3 bedrooms
- detached 61' x 17' garage
- extensive decking and dockage
- natural shoreline
- deep water
- 1.25 acres & 137' shoreline



- well home - nature to Minden
- 1,200 sq. ft. longhouse, large double garage
- full walkout basement
- gentle slope to water
- park like setting, dockage & docks



- 3 bedrooms, 1 bath, 650 sq. ft.
- open lake view and all day sun
- spring fed lake with deep water off dock
- bathroom upgrades - finished water line
- built-in kayak set-up ready to enjoy



- perfect lot for those buyers or sellers
- 3 bedrooms, 1 bath, 1,375 sq. ft. Condo home
- walking distance to all amenities
- sunrooms, whirlpool bath, deck
- newer propane furnace, windows, roof



Chris James*
705-457-2414
cell 25



- Well located with lovely view
- south facing lot has 200' of shoreline
- 1.4 acres in private driveway
- two lake chairs, boating, sitting and fishing
- beautiful view to enjoy for shopping & groceries



- open concept living/dining & kitchen
- 3 bedrooms for family & friends
- your round property lot
- exceptionally well maintained cottage/home



Hal Johnson**
705-286-1234
cell 238



Susan Johnson*
705-457-2414
cell 44



- 172' of shoreline exposure
- ultimate privacy, clean shoreline
- 3 bdrm custom built year round home
- 2 1/2 attached heated garages
- double sided decking, 14 x 12 built
- 3 acres, panoramic views, water life and more



- 3 bedroom beautiful renovated throughout
- private 2 acre lot overlooking Country Lake
- new furnace, windows, electric, insulation, plumbing
- master with ensuite, open concept, hardwood
- 600 sq. ft. well constructed living space



Diane Knapp*
705-488-3077



- Specialized well located waterfront cottage
- Hardwood floors, new bathroom
- More upgrades including new kitchen
- located on a pretty road with a large deck
- hand made in stone, clean water off dock
- Cheapest waterfront and boating



- 3 bedroom open concept
- New kitchen cupboard
- Updated windows, bathroom
- Updated electric, new vinyl floor
- Clean water off dock
- Great swimming, water exposure



- new stone home with 4,800 sq. ft.
- unfinished steel beam 1,200 sq. ft.
- stone down and coffee, kitchen, bathroom
- double attached garage
- excellent opportunity



- 4 bedrooms, 1 bath, 600 sq. ft. home
- beautiful 40' x 16' waterfront dock
- 11,000 sq. ft. upgrade and hardwood floors
- circular driveway with separate entrance to main
- 1.25 acre mature tree lot on



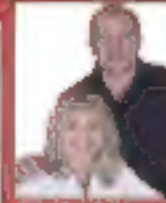
Anthony Valdes**
705-457-3414
cell 27



- 111' x 110' waterfront lot, mature pine plantation
- property is a beautiful view of a big white lake
- well built, single story, 1,200 sq. ft.
- attached garage on Iron Lake
- 100' x 100' lot, 100' x 100' lot



- privacy, clean shoreline & sunset exposure
- open concept cottage, built in the 1970s
- 2 bdrm sleeping porch
- bedding and chairs on deck
- sandy shoreline & deep diving
- cottage furnished & ready to enjoy!



Chris & Michelle Smolare*
705-457-2414
cell 23



Lori Roberts*
705-457-2414
cell 45



- 3 bedrooms, 1 bath, 500 sq. ft.
- 100 ft sand waterfront, 9.5 acres
- newly shingled, extensive decking
- cathedral ceilings, hardwood floors
- corkle completely furnished



- great, level, clean shoreline
- 3 bedrooms, 1 bath, 600 sq. ft.
- 40 ft deep spring, hot lake
- 100' x 100' garage, 100' x 100' deck
- year round access, 4 season use



Dan Robinson*
705-286-1234
cell 25



- 3 bedrooms, 1 bathroom
- 150' of sand waterfront exposure
- large deck



- private
- completely furnished